

HEAR MY VOICE

— WOMEN'S NETWORK —

Quarterly Newsletter April- June 2022

April 2022

Mental Health Wellness in Gender Based-Violence Prevention and Response Training Part 2

Hear My Voice- Women's Network (HMV-WN) in partnership with Counselling Thailand, completed a 2-part workshop series exclusively for HMV-WN alumni. The workshops were facilitated by Sustriana Saragih, a Counsellor & Psychotherapist from Counselling Thailand. Part 2 in the series focused on Vicarious Trauma; participants identified mental health concerns that are common when working in the field of gender-based violence and discussed tools for overcoming trauma and helping with stress management, trauma, and self-care.

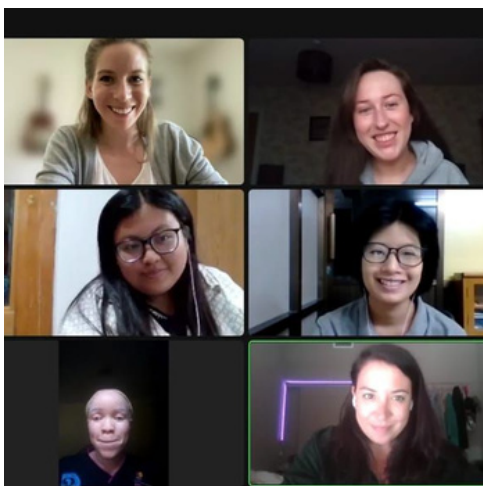


May 2022

Gender and Justice in the Legal Classroom Learning Series

On May 15, 2022, HMV-WN hosted the first session of Gender and Justice in the Legal Classroom Learning Series. 9 legal educators from around the world came together to discuss bringing a gender lens into the classroom. 2 participants shared presentations on their work incorporating gender into the legal curriculum of Nelson Mandela University in South Africa and Pasundan University in Indonesia, which served as the starting point for important discussions on the importance and challenges of teaching gender and justice in the legal classroom. This session was just the beginning of the ongoing series which the HMV-WN team is excited to provide for legal educators, which will bring together passionate legal educators who want to bring issues around gender and justice into their classrooms and expose their students to real-life issues related to gender and the law. Bi-monthly, we will discuss shared learned experiences, best practices, and failures when bringing gender and justice into our classrooms.

Women's Empowerment and Community Action Program March-May 2022



May 29th marked the end of the Women's Empowerment and Community Action Program, March-May 2022, that brought together wonderful women from all corners of the globe, and was the inaugural HMV-WN to include a community action initiative in the curriculum. During the course of this program, 9 participants completed community action initiatives that they personally designed and implemented, under the mentorship of the HMV-WN team. Each element of the Program, including the community action initiative, is designed to increase participants' skills and confidence, so that they are able go back into their communities and take direct action to create gender equitable change.

Women's Empowerment and Community Action Program March- May 2022

Student Feedback:

"Through this program, I learned more about SDG5, stereotypes and feminism. I was able to do further reading using the content shared in the Google Classroom and to also seek different opinions from others during the class sessions. I believe my knowledge on empowerment and feminism has expanded greatly throughout this program."

"I have gained confidence in sharing my opinion and perspectives within groups. I've also developed and learned about leadership skills (practically) and public speaking during our Action phase program, but my confidence was starting to emerge slowly through our discussions in the breakout rooms and being able to share my opinion with the whole group as well. That alone has changed my entire perspective on what I, as an individual, am capable of."

"As a global program, I had a chance to learn new issues and different ideas and perspectives. I am glad that I met wonderful people who are passionate for seeking equality and contributing to their nearest community."



June 2022

Law Student Legal Empowerment Program

On June 5, 2022, HMV-WN began its first cross university Legal Empowerment Program for university students. This program brings together 18 students from 5 universities from Bhutan, India, Nepal, Poland and South Africa. The 4-week program will focus on gender equality, gender-based violence and access to justice.

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NEW PROGRAM LAUNCHED

We are very excited to announce the launch of the inaugural HMV-WN cross university Empowerment Program for university students. This program will bring together 18 students from 5 universities from Bhutan, India, Nepal, Poland and South Africa. The 4-week program will focus on gender equality, gender-based violence and access to justice.

NELSON MANDELA UNIVERSITY
SWPS UNIVERSITY OF SOCIAL SCIENCES

Campaign for the International Day for the Elimination of Sexual Violence in Conflict

On June 19, 2022, the HMV-WN team shared information highlighting the importance of the International Day for the Elimination of Sexual Violence in Conflict across its social media, emphasizing the need to raise awareness to end conflict-related sexual violence. Along with this knowledge-sharing campaign, HMV-WN launched a spotlight series to act as case studies for governments and related bodies across the globe to ensure they play their role in eliminating sexual violence in conflict. One such case study concerned the sexual violence that occurred in Kenya during the 2007/08 post-election conflict.



JUNE 19 IS THE INTERNATIONAL DAY FOR THE ELIMINATION OF SEXUAL VIOLENCE IN CONFLICT

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Want to get involved?

Contact us at hearmyvoice2020@gmail.com or www.hearmyvoice.info